

# CRISIS-PROOFING COMMUNITIES:

## HOW PEOPLE WHO USE/D DRUGS ADAPT TO CLIMATE AND HEALTH EMERGENCIES

Pharmacotherapy—recommendations & findings

### 1. Lessons for future climate and health crisis

#### Lessons for future pandemics and climate disaster responses



Incorporate the values and preferences of person receiving ODT



Include ODT programs in plans for rural and remote communities




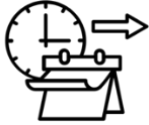








Medications delivered by trusted person











Training and education for first responders

## 2. Adaptations to ODT

Adaptations to ODT programs	
Topic or theme	Benefits
<p><b>Telehealth services</b></p> 	<p>Increased access to:</p> <ul style="list-style-type: none"> <li>• health consultations</li> <li>• therapy sessions</li> <li>• prescription management</li> </ul>
<p><b>Relaxed regulations</b></p> 	<p>Longer prescriptions Increased take-home doses of methadone and buprenorphine</p>
<p><b>Home delivery</b></p> 	<p>Harm reduction supplies like naloxone and urine drug screening kits</p>
<p><b>Long-acting medications</b></p> 	<p>Expanded use of long-acting opioid medications Less frequent dosing</p>
Immediate outcomes	
 <p>Reduced impact of lockdowns</p>	 <p>Access and receive health care remotely</p>
 <p>People maintained their treatment routines</p>	 <p>Access to harm reduction supplies</p>
 <p>Reduced frequency of pharmacy and clinic visits</p>	 <p>Connected to peers and peer organisations</p>

### 3.Challenges with ODT

Challenges with adaptations to ODT programs	
Topic or theme	Impact
<p><b>Logistical issues</b></p> 	<p>Coordinating deliveries</p> <p>Greatest impact in remote communities</p> 
<p><b>Health and medical privacy</b></p> 	<p>Harm reduction and AOD programs and services sometimes delivered take-home doses</p> <p>Increased concerns about confidentiality and privacy</p> 
<p><b>Security concerns</b></p> 	<p>Safe and secure delivery of medications increased for people receiving OST, medicinal cannabis, ADHD meds</p> 
<p><b>Risk of diversion</b></p> 	<p>perceived increased risk of medication diversion by police and authorities</p> <p>reduced trust between people receiving ODT and providers</p> 

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