Get more information:

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA) GPO Box 1552 CANBERRA ACT 2601 (02) 6279 1670 www.cahma.org.au

Northern Territory AIDS and Hepatitis Council (NTAHC)

GPO Box 2826 DARWIN NT 0801 (08) 8944 7777 www.ntahc.org.au

Queensland Injectors Voice for Advocacy and Action (QuIVAA) PO Box 2470 FORTITUDE VALLEY BC QLD 4006 07 3620 8160 www.quivaa.org.au

Harm Reduction Victoria PO Box 12720, A'Beckett Street MELBOURNE VIC 8006 (03) 9329 1500 www.hrvic.org.au

> Australian Injecting & Illicit Drug Users League

www.aivl.org.au

Hepatitis SA PO Box 782 KENT TOWN SA 5071 (08) 8362 8443 www.hepatitissa.asn.au

NSW Users and AIDS Association (NUAA) PO Box 350 STRAWBERRY HILLS NSW 2012 (02) 8354 7300 www.nuaa.org.au

QuIHN PO Box 2470 FORTITUDE VALLEY BC QLD 4006 (07) 3620 8111 www.quihn.org

Tasmanian Users Health & Support League (TUHSL) C/- PO Box 4702 Bathurst Street Post Office HOBART TAS 7000 tuhsltaste@gmail.com

Peer Based Harm Reduction WA PO Box 8003 PERTH WA 6849 (08) 9325 8387 www.harmreductionwa.org

Injecting involves blood.

HIIII

Blood carries viruses.

Everyone needs to wash their hands with soap and warm water, or wipe their fingers with Alco Wipes before the shot is mixed.



Don't get infected.

2 Cover the space where you will prepare your shot with a piece of paper.

> If there is blood on your tourniquet don't use it find a clean one instead. If there is blood on your shirt, take it off.

When you are finished, safely dispose of the needle and any bloody clothes.

R



J If you are helping friends then wash your hands between each injection. Always wash off any blood on your fingers before you inject. Use soap and warm water.