

## The Being Real Tool: Session Plan

| Being Real Group Session Plan   |   |                                   |   |
|---|---|-----------------------------------|---|
| <b>Title:</b>   | The Being Real Project- facilitated group discussion / community consultation   |                                   |   |
| <b>Format:</b>  | Facilitated Discussion  | <b>Duration:</b>                  | Up to 3 Hours   |
|   |   | <b>Group Size:</b>                | <10   |
| <b>Facilitators:</b>  | AIVL Staff<br>Local Member Staff  | <b>Intended Participants:</b>     | Aboriginal & Torres Strait Islander People Who Inject Drugs   |
| <b>Assumptions:</b>   | <p>The following are assumptions made upon recruitment of participants into groups sessions: All facilitators are peers with lived experience of drug use that they are willing to share. Facilitators may or may not be Indigenous.</p> <p>All participants are peers with some lived experience of illicit drug use and identify as Aboriginal. All participants have had some contact with BBV sector and/or AOD sector. All participants can speak English.</p> |                                   |   |
| <b>Preparation:</b>   | <b>Recruitment Method:</b>  |                                   |   |
| <p>Listener to orientate Support regarding facilitation style, expectations and session content.</p> <p>Support to brief Listener to enable respectful, supporting, and effective engagement</p> <p>All facilitators must be clear regarding</p> <ul style="list-style-type: none"> <li>– lived experience they are willing to share</li> <li>– any potentially triggering / sensitive topics.</li> </ul> | <p>Listener will liaise with Support in order to develop an appropriate engagement strategy.</p> <p>If possible a range of recruitment strategies will be used, each being evaluated to determine their relative effectiveness</p>  |                                   |   |
| <b>Goals for Facilitator:</b>   | <ul style="list-style-type: none"> <li>• Engage positively with Aboriginal Peers</li> <li>• Demonstrate peer-based skills (developed BBV) incorporating guiding principles from Aboriginal health Support participants to safely participate</li> </ul>   | <b>Outcomes for Participants:</b> | <ul style="list-style-type: none"> <li>• Acknowledgement of contribution Payment (\$25/hr x 3= \$75) Certificate</li> <li>• Meet peers</li> <li>• Learn about culture of AIVL/Member orgs</li> <li>• Share opinions and perspectives about drugs use, services, challenges</li> </ul> |
| <b>Facilitation Material</b>  | <p>'Code of conduct' (attachment 1)</p> <p>Participant surveys (attachment 2)</p> <p>Payment sign-off sheet</p> <p>Activity material</p> <ul style="list-style-type: none"> <li>• Food + Drinks for breaks</li> </ul>   | <b>Equipment</b>                  | <p>Recording device</p> <p>Stationery</p> <p>Chairs</p>   |

| SESSION STRUCTURE |   |  |
|-------------------|---|--|
| Minutes           | Content   | Objective + Indicators   |
| ~25               | Set-up    Arrival    Welcome  | Register all attendees   |
| 10                | Venue Orientation<br>Present and read Code of Conduct (attachment 1)<br>Emphasise that all attendees must be both illicit drug users and Aboriginal, asking all others to remove themselves | Assert safety, clarify expectations<br>Explicate permitted attendees   |
| 5                 | Short break.  | Allow inappropriate attendees to exit  |
| 5                 | Introductions<br>Describe Peer Education<br>Define facilitator's Peer Status  | Ensure all present know how to refer to each other. Re-affirm ownership of identities and limitations- if facilitators are not Indigenous, identify participants as leaders of discussion content regarding this |
| 10                | History of Australian HIV Response<br>BBV Key Affected Community Overview<br>Achievements   | Introduce community members to new and positive information about marginalised people<br>Clarify BBV approach- compare with AOD, Aboriginal Health   |
| 10                | Who is AIVL<br>Who is [Local Member]  | Connect the present with bigger picture<br>Refresh org and available service details   |
| 10                | Peer Experiences: Facilitators discuss their lived experience of drug use.<br>How did facilitators come to work at our orgs?  | Demonstrate Equal Participation- Facilitators should not ask for info about participants that they cannot share themselves.  |
| 10                | Break   |  |
| 90                | Group Discussions= free discussion focussed on a number of topics OR<br>A range of group discussion activities (described below). Facilitators will select activities based on group        |  |
| 5                 | Wrap up + Survey  |  |