

AIVL Member Organisations

Canberra Alliance for Harm
Minimisation and Advocacy
(CAHMA) - (02) 6253 3643

Harm Reduction Victoria (HRVic) -
(03) 9329 1500

Hepatitis South Australia Clean
Needle Peer Projects -
(08) 8362 8443 OR 1800 437 222

NSW Users and AIDS Association
(NUAA) - (02) 8354 7300 OR
1800 644 413

Northern Territory AIDS & Hepatitis
Council (NTAHC) - (08) 8944 7777

Peer Based Harm Reduction WA -
(08) 9325 8387

Queensland Injectors Health
Network (QuIHN) - (07) 3620 8111
OR 1800 172 076

Queensland Injectors Voice for
Advocacy and Action (QuIVAA) -
(07) 3620 8111

Tasmanian Users Health and
Support League (TUHSL) -
0498 580 645



What you need to know about...

Lyrica (pregabalin) and mental health

What's the issue?

- 'Lyrica' is the brand name for a drug called pregabalin.
- Lyrica can be dangerous for people who have a history of depression and/or suicidal thoughts or behaviour that may lead to overdose.
- The rate of Lyrica-related ambulance attendances has increased tenfold since 2012.

Why might you be interested?

- Lyrica (and Lyrica CR) may cause suicidal thoughts or actions in about 1 in 500 people who take it.
- People using Lyrica (and their loved ones or carers) should call their doctor right away if they notice suicidal thoughts or actions, thoughts of self-harm, or any unusual changes in mood or behaviour.

What else might you want to know?

- Changes in mood or behaviour may include:
 - new or worsening depression
 - anxiety
 - restlessness
 - trouble sleeping
 - panic attacks
 - anger, irritability, agitation, aggression, dangerous impulses or violence
- extreme increases in activity or talking
- If you have suicidal thoughts or actions, do not just stop taking Lyrica (or Lyrica CR) without first talking to your doctor (withdrawal can be dangerous too).
- Be careful when using Lyrica with other drugs, particularly sedatives such as opioids and benzodiazepines, and alcohol.

If you are worried that using Lyrica has made you depressed and/or suicidal talk to your doctor today!